

Kids Developmental Clinic

Milestones

A Physician's Newsletter

Kids Developmental Therapy

Spring 2016

Coming Soon to the North Side!!

Kids Developmental Clinic is growing! We are planning our new expansion on the north side. The new address is:

Kids Developmental Clinic North
5206 Airline
Houston, Texas 77022

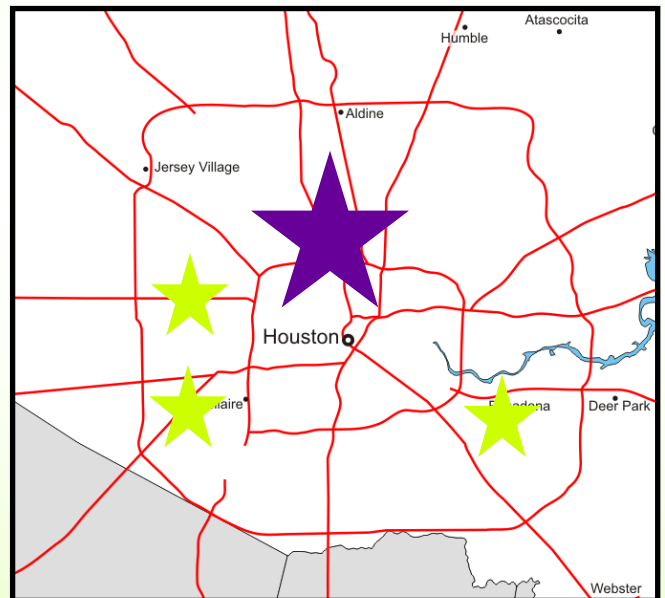
If you have questions about our new location or would like more information, please call 713-774-5437 or email info@kidsdevelopmentalclinic.com.

While we build our newest clinic, we are happy to serve your patients at our other clinic locations:

Southwest Houston (immediate Speech Therapy and OT appointments available)

West Houston (immediate Speech Therapy appointments available)

Pasadena (immediate bilingual Speech Therapy appointments available)



...or in the patient's home. Our home health therapists provide services all over the greater Houston area, from Katy to Beaumont and La Porte to The Woodlands. Immediate Speech Therapy appointments available in North Houston, Cypress, Alief, Southwest Houston and Sugar Land. Occupational therapy appointments available in Katy, Richmond and Cypress. Physical Therapy appointments available in Southwest Houston.

We are happy to provide you with a referral form, or you may fax referrals to 713-774-5445.

Summer Literacy and Summer Safety

On the back page of this newsletter, we have included an informational page for parents and caregivers. We welcome you to cut out this page, make copies, and hand out to families.

In addition, all of our parent education flyers are provided at no cost. Please call 713-668-6690 to request samples or additional copies.

What do we have to offer?

Not only do our therapists have advanced training and certifications in their fields of speech therapy, occupational therapy and physical therapy, they also utilize a variety of treatment modalities to enhance the outcomes of their patients. Our specialized treatments include:

Interactive Metronome®

“...an assessment and treatment tool used by therapists to measure deficits and track improvements in patients with neurological conditions. It is an evidence-based, engaging therapeutic modality that improves cognitive and motor skills. The design of the program ensures that patients recognize progress as it is occurring, increasing their motivation toward therapy and their ultimate recovery.” For more information, visit www.interactivemetronome.com.

Kinesio Taping®

“...rehabilitative taping technique that is designed to facilitate the body’s natural healing process while providing support and stability to muscles and joints without restricting the body’s range of motion as well as providing extended soft tissue manipulation to prolong the benefits of manual therapy administered within the clinical setting.” For more information, visit www.kinesiotaping.com.



SOS Approach to Feeding

“...uses a transdisciplinary team approach which assess the ‘whole child’: organ systems, muscles, development sensory, oral-motor, learning/behavior, cognition, nutrition and environment.” For more information, visit www.sosapproach-conferences.com.

Sensory Integration

Helps “...children improve their ability to accurately detect, regulate, interpret, and execute appropriate motor and behavioral responses to sensations so they are able to perform everyday ‘occupations’ in a functional manner.” For more information, visit www.spdfoundation.net.



Handwriting Without Tears®

“...draws from years of innovation and research to provide developmentally appropriate, multisensory tools and strategies.” For more information, visit www.hwtears.com.

Vital Stim®

“...used as an adjunct to traditional swallowing therapy, VitalStim® has been found to be safe and effective for patients, accelerate the recovery time from a restricted diet, and help patient achieve sustained improvement and long-term results. The evidence base for VitalStim® has grown significantly in recent years. The lasting effect of VitalStim® was demonstrated in a 3-year follow-up study submitted to the FDA that showed improved swallowing function was maintained.” For more information, visit www.djoglobal.com/vitalstim.

Augmentative and Alternative Communication (AAC)

“...includes all forms of communication (other than oral speech) that are used to express thoughts, needs, wants, and ideas. People with severe speech or language problems rely on AAC to supplement existing speech or replace speech that is not functional. Special augmentative aids, such as picture and symbol communication boards and electronic devices, are available to help people express themselves. This may increase social interaction, school performance, and feelings of self-worth.” For more information, visit www.asha.org/public/speech/disorders/AAC.

Integrated Listening Systems

“...trains for brain/body integration through a staged approach, starting with the fundamentals of sensory integration and then extending through more complex cognitive functions, including language, self-expression and social skills.” For more information, visit, www.integratedlistening.com.

KDC/KDT Doctors of the Year 2015

KDT— **Dr. Carl Tapia**
KDC West— **Dr. Armando Correa**
KDC Pasadena— **Dr. Marcus Hanfling**
KDC Southwest— **Dr. Michael Bornstein**

We recognize physicians who demonstrate excellence with regard to patient care and outstanding collaboration with our office staff and therapists.

Congratulations!

Summer Literacy

Don't lose all that new knowledge!

It has been found that kids lose learning skills over the summer months. According to a meta-analysis completed by Cooper et al, achievement test scores decline over summer vacation. They found that “the effect of summer break was more detrimental for math than for reading and most detrimental for math computation and spelling.”

- Follow your child's interests to guide learning.
- Transform routine chores into fun lessons for young children. Use counting, sorting, and measuring.
- Play OUTSIDE. There are many science lessons to be discovered.
- Use everyday errands as learning opportunities. Learn about matching, adding and subtracting at the grocery store.
- Visit your local public library. Children will be more interested in reading a book they chose.
- Read aloud to your children and have them read to you.
- Play school- at home. Let your child pretend to be the teacher.
- Family game night. Scrabble, Taboo and crossword puzzles, are great ways for your child to polish up on spelling.

Cooper, H, Nye, B., Charlton, K., Lindsay, J., & Greathouse, S. (1996). The effects of summer vacation on achievement test scores: A narrative and meta-analytic review. *Review of Educational Research*, 66, 227-268.

Summer Safety

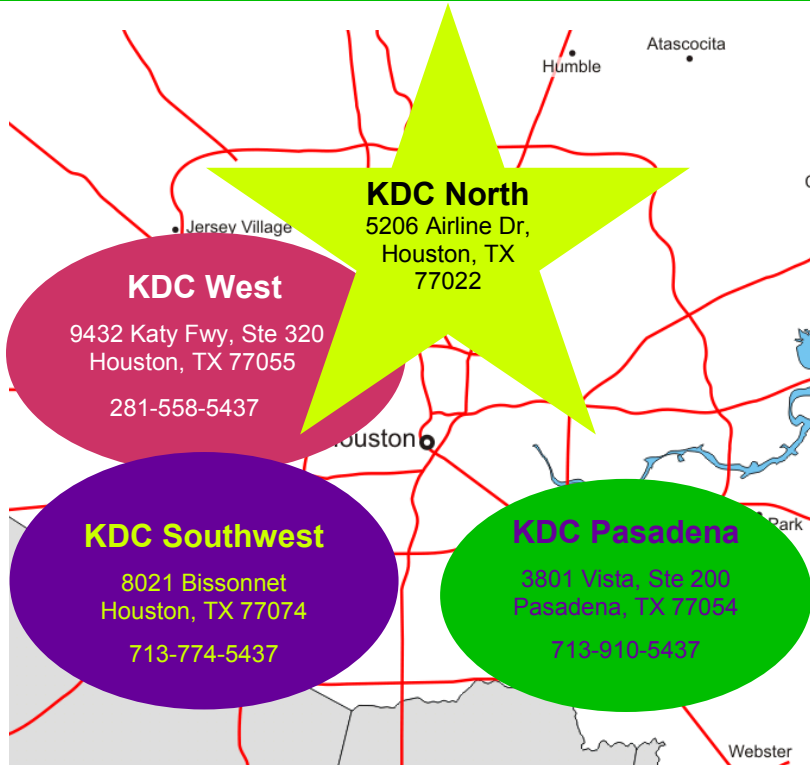
Keep your children safe from sun, water and heat this summer!

- Sun safety for infants under 6 months: the AAP recommends avoiding sun exposure and dressing infants in lightweight, full-coverage clothing with brimmed hats that shade the neck.
- For all other children: stay in the shade whenever possible and avoid sun exposure during peak intensity hours (10am to 4pm).
- Wear a hat, sunglasses, and clothing with a tight weave
- Wear sunscreen with SPF 15 or greater (that protects against UVA and UVB rays) on both sunny and cloudy days.
- Reapply sunscreen every two hours, or after swimming or sweating
- Water and sand reflect UV rays, and may result in sunburn more quickly.
- Never leave children alone in or near a pool or spa, even for a moment.
- Close supervision by a responsible adult is the best way to prevent drowning in children.
- The intensity of activities that last 15 minutes or more should be reduced whenever high heat or humidity reach critical levels.
- Before outdoor physical activities, children should drink freely and should not feel thirsty.
- Never leave your child alone in a car, even for a minute. Temperatures inside the car can reach deadly levels in minutes, and the child can die of heat stroke.
- Always check the back seat to make sure all children are out of the car when you arrive at your destination.

The above tips were retrieved from the American Academy of Pediatrics Press Room: News Features & Safety Tips (2015) at <https://www.aap.org/en-us/about-the-aap/aap-press-room/news-features-and-safety-tips/Pages/Health-and-Safety-Tips.aspx>

Mission Statement

Providing exemplary care that enhances the lives of the children and families we serve with compassion, respect and dignity.



For home health therapy services in the greater Houston area,

Kids Developmental Therapy

6109 Maple Street
Houston, Texas 77074

713-668-5437

www.kidsdevelopmentaltherapy.com

Kids Developmental Clinic Southwest
8021 Bissonnet Street
Houston, Texas 77074

